

DATE/LOCATION

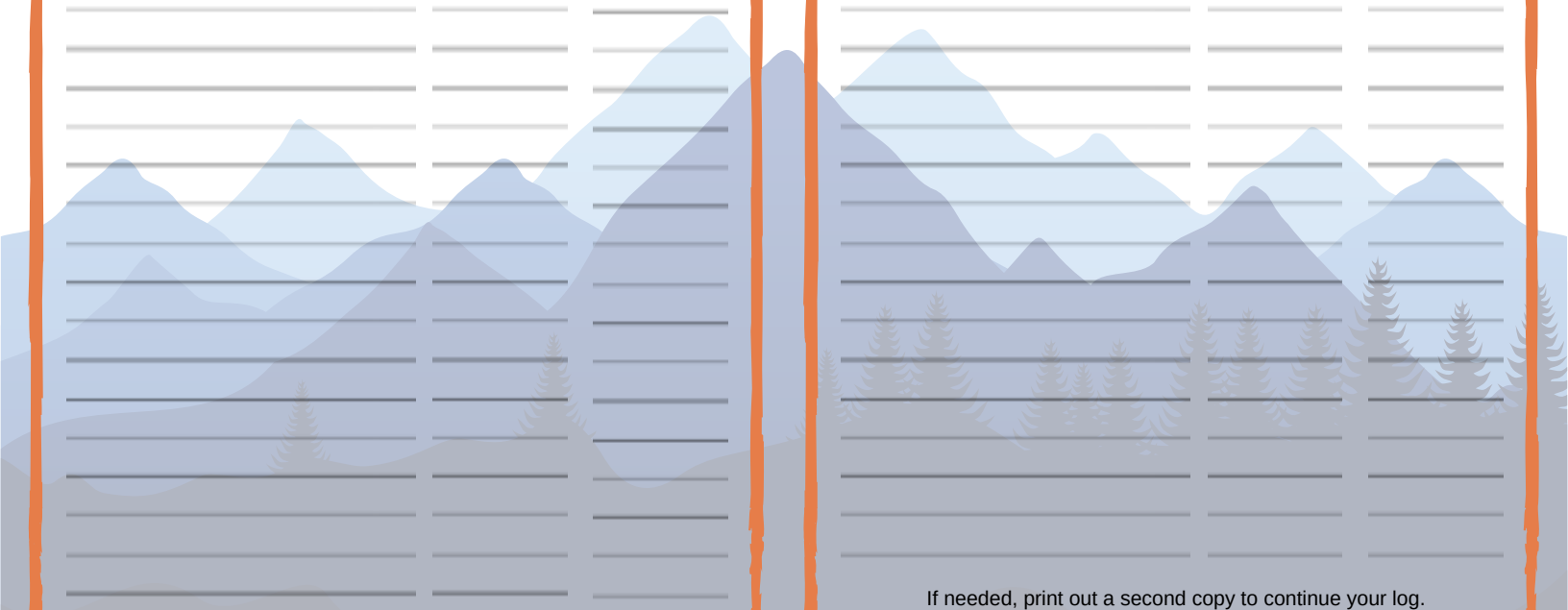
MILES

RUNNING
TOTAL

DATE/LOCATION

MILES

RUNNING
TOTAL



If needed, print out a second copy to continue your log.