Pool Rules

- 1. Mature responsible person (at discretion of the head lifeguard) must accompany children under 7 years of age. Height and/or displayed swimming ability can replace minimum age. Height 48 inches, Swimming ability Warm Water Pool Two widths of pool with a dog paddle without stopping or touching the sides or bottom., 3.5 5 Foot Area two widths of the pool with a dog paddle without stopping or touching the sides or bottom, 12 Foot Area one width of the pool with face-in front crawl stroke without stopping or touching sides, with regular breathing (does not have to be side breathing).
- 2. Non-swimmers or weak swimmers of any age must notify lifeguard on duty. They will remain in the shallow end of the pool no deeper than their armpits. Any known medical conditions should be reported to the lifeguard on duty.
- 3. All persons must obey rules and requests made by lifeguards. The lifeguards on duty have the right to ask anyone not following pool rules to leave and may set "time out" at their discretion.
- 4. Swim suits or trunks must be worn by persons using the pool. No cut-offs or street clothes are allowed.
- 5. All pool users must shower with SOAP and water. Any person leaving the pool for any reason must take another shower before re-entering the pool.
- 6. No food, chewing gum, or beverages are allowed in the locker rooms or pool area.
- 7. Persons with illnesses and/or large open sores and/or Band-Aids are not permitted in the pool area. If there is any doubt or questions please check with a staff member.
- 8. Persons under the influence of alcohol or narcotics are prohibited from using the pool.
- 9. No running in lobby, locker rooms or pool deck.
- 10. No shoes allowed on deck or in the locker rooms.
- 11. No rough housing. (Pulling or pushing, throwing people, choke holds, jumping on each other, pushing off of inner tubes, etc.)
- 12. No one may jump from starting blocks.
- 13. No back dives or back flips from edge of pool.
- 14. No walking on deck while wearing flippers.
- 15. Be Safe, Be Respectful, Be Responsible

